

Asbury Theological Seminary ePLACE: preserving, learning, and creative exchange

Syllabi

eCommons

1-1-2005

CO 520 Narrative Counseling

Tapiwa N. Mucherera

Follow this and additional works at: <http://place.asburyseminary.edu/syllabi>

Recommended Citation

Mucherera, Tapiwa N., "CO 520 Narrative Counseling" (2005). *Syllabi*. Book 2744.
<http://place.asburyseminary.edu/syllabi/2744>

This Document is brought to you for free and open access by the eCommons at ePLACE: preserving, learning, and creative exchange. It has been accepted for inclusion in Syllabi by an authorized administrator of ePLACE: preserving, learning, and creative exchange. For more information, please contact thad.horner@asburyseminary.edu.

Asbury Theological Seminary

Draft

**A Syllabus and General Guide for
Narrative Counseling
CO520
Fall 2005**

Tapiwa N. Mucherera, Ph.D.
Associate Professor of Pastoral Counseling
Asbury Theological Seminary

1 Course Description:

This course is designed as an examination of the theory and practice of a postmodern approach to counseling from the perspective of narrative. The process of authoring and reauthoring lives through stories will be examined from the disciplines of literature, psychology, Bible, theology, psychotherapy and spiritual direction.

I. General Goals: By the end of the course CO520 students are expected to:

1. Develop a basic understanding of the issues of postmodern theory and techniques of counseling.
2. Integrate narrative theory with the practice of narrative counseling.
3. Understand the importance of exegesis in Biblical counseling.
4. Examine the importance of asking timely, well-formulated questions.
5. Explore how their own lives have been authored and discover ways to reauthor themselves from the perspective of the biblical metanarratives.
6. Find cross-cultural means of communication,
7. Discover ways to become practitioners of Narrative Counseling,

II. Prerequisite For the Course:

Time: The class will Tuesday : 6:15 – 9:00pm

- V. A. Course Reading: A minimum of 1500 pages of reading in textbooks and research projects will be required. A 8 to 10 page double spaced annotated bibliography will be submitted as part of the class work.

B. Research Projects: Students will select a topic related to narrative studies for research and write a 18- 20 page academic research paper.

Narrative Counseling Research paper

Detailed directions on writing the paper will be given in class Oct 18th, 2005

You can start your paper with a story (personal or someone's). The story would take about ½ to ¾ of the first page of your paper and it is typed and single-spaced. You can also choose to present a case or scenario as your starting point with same length. From the case or story then you are to apply the concepts and process applied in Narrative counseling that we have learned listed below. This is a research paper so I expect you to use material outside of the assigned

readings. Properly cite your sources. The rest of your paper is double-spaced, and follows the APA, Slade or Turabian style of writing. The paper is 15 – 18 pages and is due by Dec, 2005.

Must use

Internalized conversations

Naming and externalizing the problem

Scaffolding – tracing the history of the story or problem

Deconstruction (Dominant story, Thin to Thick description, Exceptions /landscape of identity /action)

Re-Authoring / Re-storying / Alternate story/ Re-membering conversations/ Miracle Question

Definitional ceremony -Outsider –witnesses

Optional

Birth mythologies or Personal mythologies

Biblical myth

Community mythologies or folk tales

C. Role Play Sessions: Students will be asked to Role play narrative counseling skills in class sessions and this will be used to evaluate integration of academic knowledge and clinical skills. You are to practice these role plays outside of class at a time agreeable to your group members.

Evaluation System:

The following percentages will determine the numerical and the letter grade.

45% Research project

30% Team role-play and class discussion

25% Reading report (Annotated reading report 5 textbooks – 8 to 10 pages double spaced)

Due date:

VII. Texts:

- 1) Monk, Winslade, Crocket and Epston: Narrative Therapy in Practice: The Archeology of Hope, Jossey Bass.
- 2) Morgan Alice. What is Narrative Therapy? An easy to read introduction , Adelaide: Australia Dulwich Centre, 2000
- 3) Wimberly, Edward P. Recalling our own Stories: Spiritual Renewal for Religious Caregivers. CA: Jossey-Bass Publishers, 1997.
- 4). White C, and Denborough D, Introduction to Narrative Therapy: A collection of practice-based writings. Adelaide:Australia Dulwich Centre, 2000

- 5) White, Michael. Reflections on Narrative Practices: Essays and Interviews
Adelaide: Australia Dulwich Centre, 2000
- 6). http://narrativeapproaches.com/narrative%20papers%20folder/journey_chart.htm
When you get to the site (article), click on Introduction and the whole article will show.
You can read it there or download etc. The title of the article is: **Unexpected Journey: Invitation to Diversity**. By Dean Lobovits and John Prowell.
- 7). Mucherera T. N. "Narrative Counseling from a Non-Western Perspective," In, Therapeutic Conversations: Therapy from Outside in. edited by Stephen Madigan, Yaletown Family Therapy, 2004. (Professor will provide)

Class Schedule

Date	Class Topic
Tuesday Sept 6	Introduction to N.C.
Tuesday Sept 13	Telling Our Stories What is in a story? – Story Story Listening Skills -Barriers
Tuesday Sept 20	Narrative Concepts, assumptions & process
Tuesday Sept 27	Video on Narrative Counseling Asking Questions Lecture
Tuesday Oct 4th	Developing An Attitude of Hope - Healing Discovering Competencies, Building on Strengths
Tuesday Oct 11	Cinephotography Stories Past-present, Present-present, Future-present
Tuesday Oct 18	Cross-Cultural Counseling Conversations Non-Western counseling practices
Tuesday Oct 25	Cross-cultural narratives and diversity issues Practice of Narrative Cross-cultural conversations
Tuesday Nov 1	Uncovering Biblical Stories of faith Using Scripture Annotated Bibliography due in class
Tuesday Nov 8	Limitations & strengths of Narrative Practice Writing Narrative conversations

Tuesday Nov 15

Theory to practice

TUESDAY Nov 22 ----- No Class- Spring Reading Week

Tuesday Nov 29

Theory to practice

Tuesday Dec 6

Theory to practice

Monday Dec 12th

Final Research project due- no exceptions

VIII.

Bibliography:

- 1) Almond, Barbara. The Therapeutic Narrative: Fictional Relationships and the Process of Psychological Change. CN: Praeger, 1996.
- 2) Alter, Robert. The Art of Biblical Narrative. NY: BasicBooks, 1981.
- 3) Anderson, H. & E. Foley. Mighty Stories, Dangerous Rituals: Weaving Together the Human and the Divine. CA: Jossey-Bass Publishers, 1998.
- 4) Anderson, Harlene. Conversation, Language, and Possibilities: A Postmodern Approach to Therapy. NY: BasicBooks, 1997.
- 5) Boomershine, Thomas E. Story Journey: An Invitation to the Gospel as Storytelling. TN: Abingdon Press, 1990.
- 6) Bradt, Kevin M. Story as a Way of Knowing. MO: Sheed & Ward, 1997.
- 7) Brizee, Robert. The Gift of Listening. MO: Chalice Press, 1993.
- 8) Brockelman, Paul. The Inside Story: A Narrative Approach to Religious Understanding and Truth. NY: State Univ. of NY Press, 1992.
- 9) Bruner, Jerome. Acts of Meaning. MA: Harvard Univ. Press, 1990.
- 10) Capps, Donald. Living Stories: Pastoral Counseling in Congregational Context. MN: Fortress Press, 1998.
- 11) Coles, Robert. The Call of Stories: Teaching and the Moral Imagination. MA: Houghton Mifflin Co., 1989.
- 12) Crossan, John D. The Dark Interval: Towards a Theology of Story. IL: Argus Communications, 1975.

- 13) Diamond, Jonathan. Narrative Means to Sober Ends: Treating Addiction and its Aftermath. NY: The Guilford Press, 2000.
- 14) Eakin, Paul J. How Are Lives Become Stories: Making Selves. NY: Cornell University Press, 1999.
- 15) Epton, D. & M. White. Experience, Contradiction, Narrative & Imagination. S. Australia: Dulwich Centre Publications, 1992.
- 16) Eron, Joseph & T. Lund. Narrative Solutions in Brief Therapy. NY: The Guilford Press, 1996.
- 17) Eslinger, Richard L. Narrative Imagination: Preaching the Worlds that Shape Us. MN: Fortress Press, 1995.
- 18) Freedman, J. & G. Combs. **Narrative Therapy: The Social Construction of Preferred Realities**. NY: W.W. Norton & Co., 1996.
- 19) Freeman, J. et al. Playful Approaches to Serious Problems: Narrative Therapy with Children & their Families. NY: W.W. Norton & Co., 1997.
- 20) Furman, Ben. Solution Talk: Hosting Therapeutic Conversations. NY: W.W. Norton & Co., 1992.
- 21) Gersie, Alida. Storymaking in Bereavement: Dragons Fight in the Meadow. PA: Jessica Kingsley Pub, 1991.
- 22) Gilligan, S. & R. Price. Therapeutic Conversations. NY: W.W. Norton & Co., 1993.
- 23) Goldberg, Michael. Theology & Narrative: A Critical Introduction. PA: Trinity Press Int'l, 1991.
- 24) Griffith, James L. & M. The Body Speaks: Therapeutic Dialogues for Mind-Body Problems. NY: BasicBooks, 1994.
- 25) Hudson, Patricia. Rewriting Love Stories: Brief Marital Therapy. NY: W.W. Norton & Co., 1991.
- 26) Kerby, Anthony P. Narrative and the Self. IN: Indiana Univ. Press, 1991.
- 27) Lee, D. John. Storying Ourselves: A Narrative Perspective on Christians in Psychology. MI: Baker Books, 1993.
- 28) L'Engle, Madeleine. The Rock that is Higher: Story as Truth. IL: Harold Shaw Publishers, 1993.
- 29) Lopez, Barry. About this Life: Journeys on the Threshold of Memory. NY: Vintage Books, 1998.

- 30) Louhlin, Gerard. Telling God's Story: Bible, Church & Narrative Theology. NY: Cambridge Univ. Press, 1996.
- 31) McFague, Sallie. Metaphorical Theology: Models of God in Religious Language. PA: Fortress Press, 1982.
- 32) McNamee, Sheila. Therapy as Social Construction. London: Sage Publications, 1992.
- 33) Mucherera, N. Tapiwa. *Narrative Counseling from a Non-western perspective*. In Stephen Madigan (ed) Therapy from the Outside In. BC: Vancouver, 2004, p. 17 –28.**
- 34) Middleton, J. R. & B. Walsh. Truth is Stranger than it Used to Be: Biblical Faith in a Postmodern Age. IL: InterVarsity Press, 1995.
- 35) Milton, Ralph. Is This Your Idea of a Good Time, God?: Discovering Yourself in Biblical Stories. Canada: Wood Lake Books, 1995.
- 36) Monk, Winslade, Crocket, Epston. Narrative Therapy in Practice: The Archaeology of Hope. CA: Jossey-Bass Publishers, 1997.**
- 37) Osborne, Grant R. The Hermeneutical Spiral: A Comprehensive Introduction to Biblical Interpretation. IL: InterVarsity Press, 1991.
- 38) Nueger, Christie, C. Counseling Women: a narrative pastoral approach Minneapolis:MN, Fortress Press, 2001.**
- 39) Parry, A. & R. Doan. Story Re-Visions: Narrative Therapy in the Postmodern World. NY: The Guilford Press, 1994.
- 40) Pearce, Stephen S. Flash of Insight: Metaphor and Narrative in Therapy. MA: Allyn & Bacon, 1996.
- 41) Polkinghorne, Donald E. Narrative Knowing and the Human Sciences. NY: State Univ. of NY Press, 1988.
- 42) Powell, Mark A. What is Narrative Criticism? MN: Fortress Press, 1990.
- 43) Rhoads, D. & D. Michie. Mark as Story: An Introduction to the Narrative of a Gospel. PA: Fortress Press, 1982.
- 44) Ricoeur, Paul. Time & Narrative v.1. IL: Univ. of Chicago Press, 1983.
- 45) Ricoeur, Paul. Time & Narrative v.2. IL: Univ. of Chicago Press, 1984.

- 46) Ricoeur, Paul. Time & Narrative v.3. IL: Univ. of Chicago Press, 1985.
- 47) Sarbin, Theodore R. Narrative Psychology: The Storied Nature of Human Conduct. CN: Praeger, 1986.
- 48) Shotter, John. Conversational Realities: Constructing Life Through Language. London: Sage Publications, 1993.
- 49) Smith, Criag & D. Nylund. Narrative Therapies with Children and Adolescents. NY: The Guilford Press, 1997.
- 50) Taylor, Daniel. The Healing Power of Stories: Creating Yourself through the Stories of your Life. NY: Doubleday, 1996.
- 51) Trobisch, David. Paul's Letter Collection: Tracing the Origins. MN: Fortress Press, 1994.
- 52) Wallas, Lee. Stories for the Third Ear: Using Hypnotic Fables in Psychotherapy. NY: W.W. Norton & Co., 1985.
- 53) Webb, Willyn. Solutioning: Solution-Focused Interventions for Counselors. PA: Accelerated Development, 1999.
- 54) White, M. & D. Epston. Narrative Means to Therapeutic Ends. NY: W.W. Norton & Co., 1990.
- 55) White, Michael. Selected Papers. S. Australia: Dulwich Centre Publications, 1989.
- 56) White, Michael. Re-Authoring Lives: Interviews & Essays. S. Australia: Dulwich Centre Publications, 1995.**
- 57) White, William R. Speaking in Stories: Resources for Christian Storytellers. MN: Augsburg Pub. House, 1982.
- 58) Wimberly, Edward P. Using Scripture in Pastoral Counseling. TN: Abingdon Press, 1994.**
- 59) Wimberly, Edward P. Recalling our own Stories: Spiritual Renewal for Religious Caregivers. CA: Jossey-Bass Publishers, 1997.**
- 60) Witherington, Ben. Paul's Narrative Thought World: The Tapestry of Tragedy & Triumph. KY: Westminster/JK Press, 1994.
- 59) Zimmerman & Dickerson. If Problems Talked: Narrative Therapy in Action. NY: The Guilford Press, 1999.

